

Summer 2026 Session

Monday \$155
3:15pm - 4:15pm
7/6 - 9/21

BASKETBALL

Shoot, pass, dribble, and have fun! Learn basic basketball skills in an all-inclusive, supportive environment. Build confidence, improve coordination, practice teamwork, and enjoy the game. *No class 9/7*



Monday \$230
4:30pm - 5:30pm
7/6 - 9/21

ARTS & CRAFTS

Create, explore, and have fun! Enjoy arts and crafts in a supportive, all-inclusive environment. Express your creativity, build confidence, and make unique projects with friends. *No class 9/7*



Tuesday \$150
3:15pm - 4:15pm
7/7 - 9/22

YOGA

Stretch, move, and have fun! Enjoy yoga in a supportive, all-inclusive environment. Build flexibility, improve balance, reduce stress, and gain confidence while practicing with friends.



Tuesday \$285
4:30pm - 6pm
7/7 - 9/22

TRAIL BLAZER CLUB

Walk, explore, and have fun! Join our walking club in a supportive, all-inclusive environment. Enjoy fresh air, stay active and build confidence, while discovering new places together.



Wednesday \$405
3 pm - 4:30 pm
7/8 - 9/23

BOWLING - Wednesday

Ball, gutter, frames, strikes, and spares- Bowling has it all! Join the fun and have a ball-rolling good time! *Socks required. Please sign up for this session if you need more assistance.*



Wednesday \$150
4:30 pm - 5:30 pm
7/8 - 9/23

MUSIC & MOVEMENT

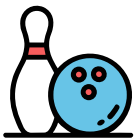
Move, groove, and have fun! Join our Music & Movement class in a supportive, all-inclusive environment. Enjoy music, stay active, build confidence, and express yourself through rhythm and movement



Thursday \$405
3 pm - 4:30 pm
7/9 - 9/24

BOWLING - Thursday

Ball, gutter, frames, strikes, and spares- Bowling has it all! Join the fun and have a ball-rolling good time! *Socks required. Please sign up for this session if you are more independent.*



Thursday \$175
4:30pm - 6pm
7/9 - 9/24

COOKING

Cook, create, and have fun! Join our 12-week cooking program in a supportive, all-inclusive environment. Learn simple recipes, build kitchen skills, gain confidence, and enjoy delicious creations while making new friends.





SUMMER 2026 Recreational Enrichment
REGISTRATION FORM

PARTICIPANT: Name:
Address:
Phone:
Email:

EMERGENCY: Name:
CONTACT Address:
Phone:
Email:

REP PAYEE: Name:
(if applicable) Address:
Phone:
Email:

Please mark [] the classes you are requesting. All classes start the week of July 6th

Table with 5 columns: RECREATION CLASS, DAY, TIME, FEE. Rows include Basketball, Arts & Crafts, Yoga, Trail Blazer Club, Bowling - Wednesday, Music & Movement, Bowling - Thursday, and Cooking.

Registration/Payment Information

- Registration form and proof of COVID vaccination* must be completed and turned in with payment by June 30, 2026.
When emailing documents, please include the following in the Subject Line: Recreation, client last name, class name(s)
Credit card payment accepted over the phone. Contact: Deirdre Bellevue at 978-287-7940
Check or Money Order mail/drop off at: Minute Man Arc
Please submit the Annual Recreation Liability form and Recreation policy for FY27 (effective dates July 1, 2026 - June 30, 2027)

For more information, please contact: Recreation at RECREATION@minutemanarc.org