

hello
WINTER

Minute Man Arc Recreation 2025 Winter Session



(Please note min/max participants per class)

Monday \$220
3:15 pm - 4:15 pm
1/6 - 3/24
No class 1/20, 2/17

Minute Man Makes Music

Warm up your vocals with some classic songs and grab the beat with some percussion instruments!

Max: 8



Monday \$245
4:30 pm - 5:30 pm
1/6 - 3/24
No class 1/20, 2/17

Art & Crafts

A welcoming opportunity for people of all skill levels to flex their creative muscles and have fun while socializing!

Max: 6



Tuesday \$240
3:15 pm - 4:15 pm
1/7 - 3/25

Yoga

A slow flow class that encompasses meditation, gentle movements, and breathing exercises to relax and rejuvenate the mind and body!

Max: 6



Wednesday \$430
3:00 pm - 4:30 pm
1/8 - 3/26

Bowling - Wed*

Ready! Set! Bowl! Let's strike the pins and join the fun with a ball-rolling good time!
Socks required.

Max: 8



Wednesday \$235
4:45 pm - 5:45 pm
1/8 - 3/26

Dance

Learning through music and dance you will achieve self-expression, self-confidence, and a few new groovy moves.

Max: 6

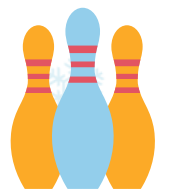


Thursday \$430
3 pm - 4:30 pm
1/9 - 3/27

Bowling - Thrs*

With balls, gutters, frames, strikes, and spares, bowling has it all! Join the fun and have a ball-rolling good time!
Socks required.

Max: 8



*Participants may register for ONE bowling class per session.

Contact for more information:

recreation@minutemanarc.org

Minute Man Arc
35 Forest Ridge Road
Concord, MA 01742





WINTER 2025 Recreational Enrichment REGISTRATION FORM

PARTICIPANT: Name: _____
Address: _____
Phone: _____
Email: _____

EMERGENCY CONTACT: Name: _____
Address: _____
Phone: _____
Email: _____

REP PAYEE: Name: _____
(if applicable) Address: _____
Phone: _____
Email: _____

Please mark [✓] the classes you are requesting. All classes start the week of **JANUARY 6TH**

RECREATION CLASS	DAY	TIME	FEE
<input type="checkbox"/> MUSIC (10 weeks)	Monday	3:15pm - 4:15pm	\$ 220
<input type="checkbox"/> ARTS & CRAFTS (10 weeks)	Monday	4:30pm – 5:30pm	\$ 245
<input type="checkbox"/> YOGA	Tuesday	3:15pm – 4:15 pm	\$ 240
<input type="checkbox"/> BOWLING – WED*	Wednesday	3:00pm – 4:30pm	\$ 430
<input type="checkbox"/> DANCE	Wednesday	4:45pm – 5:45pm	\$ 235
<input type="checkbox"/> BOWLING – THURS*	Thursday	3:00pm – 4:30pm	\$ 430

*ONE PARTICIPANT REGISTRATION PER BOWLING SESSION

Registration/Payment Information

- Registration form** and **proof of COVID vaccination*** must be completed and turned in with payment by **January 2, 2025**. Emailed copies of both forms will be accepted. Send forms to: recreation@minutemanarc.org.
- When emailing documents, please include the following in the Subject Line: Recreation, client last name, class name(s)
- Credit card payment accepted over the phone. Contact:
Rebecca L., 978-287-7932 (no cc payments can be accepted 12/23-27 due to staff vacations.)
- Check or Money Orders mail/drop off at:
Minute Man Arc
35 Forest Ridge Rd
Concord, MA 01742 (please write RECREATION on the memo line)
- *If you have proof of vaccination on file in 2024, please check here

For more information, please contact: Recreation at RECREATION@minutemanarc.org