

Summer 2024 Session



Monday \$205
3:15 pm - 4:15 pm
7/8 - 9/23

Minute Man Makes Music

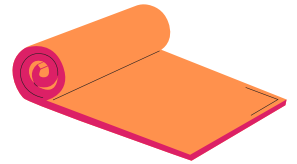
Warm up your vocals with some classic songs and grab the beat with some percussion instruments!
No class 9/2



Tuesday \$185
3:15 pm - 4:15 pm
7/9 - 9/24

Yoga

A slow flow class that encompasses meditation, gentle movements, and breathing exercises to relax and rejuvenate the mind and body!



Tuesday \$290
4:30 pm - 5:30 pm
7/9 - 9/24

Art & Crafts

A welcoming opportunity for people of all skill levels to flex their creative muscles and have fun while socializing!



Wednesday \$190
3:15 pm - 4:15 pm
7/10 - 9/25

Basketball

This non-competitive class will gather on the sport court to practice basic basketball skills: dribbling, passing and shooting. Practice those skills and get ready for fall ball.



Wednesday \$195
4:30 pm - 5:30 pm
7/10 - 9/25

Summer Sports

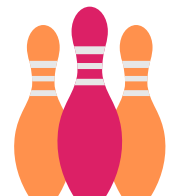
Meet at the sport court and learn some popular summer sports while meeting new friends. Soccer, pickle ball, golf and street hockey are in the line-up!



Thursday \$355
3 pm - 4:30 pm
7/11 - 9/26

Bowling

Ball, gutter, frames, strikes, and spares- Bowling has it all! Join the fun and have a ball-rolling good time! *Socks required. Please sign up for this session if you are more independent.*



For More Information, Contact:
recreation@minutemanarc.org

Minute Man Arc
35 Forest Ridge Road
Concord MA 01742

SUMMER 2024 Recreational Enrichment REGISTRATION FORM



PARTICIPANT: Name: _____
 Address: _____
 Phone: _____
 Email: _____

EMERGENCY CONTACT : Name: _____
 Address: _____
 Phone: _____
 Email: _____

REP PAYEE: Name: _____
 (if applicable) Address: _____
 Phone: _____
 Email: _____

Please mark [✓] the classes you are requesting. All classes start the week of MONTH, DAY

RECREATION CLASS	DAY	TIME	FEE
<input type="checkbox"/> MMA MAKES MUSIC (11 weeks)	Monday	3:15pm - 4:15pm	\$ 205
<input type="checkbox"/> YOGA (12 weeks)	Tuesday	3:15pm - 4:15pm	\$ 185
<input type="checkbox"/> ARTS & CRAFTS (12 weeks)	Tuesday	4:30pm – 5:30pm	\$ 290
<input type="checkbox"/> BASKETBALL (12 weeks)	Wednesday	3:15pm – 4:15pm	\$ 190
<input type="checkbox"/> SUMMER SPORTS (12 weeks)	Wednesday	4:30pm – 5:30pm	\$ 195
<input type="checkbox"/> BOWLING - THURS (12 weeks)	Thursday	3:00pm – 4:30pm	\$ 355

Registration/Payment Information

- Registration form** and **proof of COVID vaccination*** must be completed and turned in with payment by **JUNE 25, 2024**. Emailed copies of both forms will be accepted. Send forms to: recreation@minutemanarc.org.
- When emailing documents, please include the following in the Subject Line: Recreation, client last name, class name(s)
- Credit card payment accepted over the phone. Contact: Deirdre B., 978-287-7940
- Check or Money Order mail/drop off at: Minute Man Arc
 35 Forest Ridge Rd
 Concord, MA 01742
(please write RECREATION on the memo line)
- *If you have proof of vaccination on file in 2024, please check here*

For more information, please contact: Recreation at RECREATION@minutemanarc.org