

Spring 2024 Session

Monday \$215
3:15 pm - 4:15 pm
4/1 - 6/10

Minute Man Makes Music

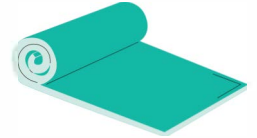
Warm up your vocals with some classic songs and grab the beat with some percussion instruments!
No class 4/15 or 5/27



Tuesday \$230
3:15 pm - 4:15 pm
4/2 - 6/11

Yoga

A slow flow class that encompasses meditation, gentle movements, and breathing exercises to relax and rejuvenate the mind and body!



Tuesday \$270
4:30 pm - 5:30 pm
4/2 - 6/11

Art & Crafts

A welcoming opportunity for people of all skill levels to flex their creative muscles and have fun while socializing!



Wednesday \$370
3 pm - 4:30 pm
4/3 - 6/12

Bowling

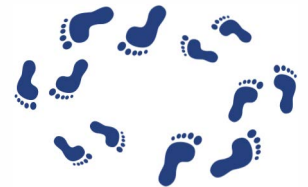
Ball, gutter, frames, strikes, and spares- Bowling has it all! Join the fun and have a ball-rolling good time! *Socks required. Please sign up for this session if you need more assistance.*



Wednesday \$250
4:45 pm - 5:45 pm
4/3 - 6/12

Dance

Get your groove on! Learn and practice some new moves while we boogie! We will hold a Dance Recital at the end of the Session!



Thursday \$370
3 pm - 4:30 pm
4/4 - 6/13

Bowling

Ball, gutter, frames, strikes, and spares- Bowling has it all! Join the fun and have a ball-rolling good time! *Socks required. Please sign up for this session if you are more independent.*



For More Information, Contact:
recreation@minutemanarc.org

Minute Man Arc
35 Forest Ridge Road
Concord MA 01742

SPRING 2024 Recreational Enrichment REGISTRATION FORM

PARTICIPANT: Name: _____
 Address: _____
 Phone: _____
 Email: _____

EMERGENCY CONTACT: Name: _____
 Address: _____
 Phone: _____
 Email: _____

REP PAYEE: Name: _____
 (if applicable) Address: _____
 Phone: _____
 Email: _____

Please mark [✓] the classes you are requesting. All classes start the week of MONTH, DAY

RECREATION CLASS	DAY	TIME	FEE
MMA MAKES MUSIC (9 weeks)	Monday	3:15pm - 4:15pm	\$ 215
YOGA (11 weeks)	Tuesday	3:15pm - 4:15pm	\$ 230
ARTS & CRAFTS (11 weeks)	Tuesday	4:30pm – 5:30pm	\$ 270
BOWLING - WED (11 weeks)	Wednesday	3:00pm – 4:30pm	\$ 370
DANCE (11 weeks)	Wednesday	4:45pm – 5:45pm	\$ 250
BOWLING - THURS (11 weeks)	Thursday	3:00pm – 4:30pm	\$ 370

Registration/Payment Information

- Registration form** and **proof of COVID vaccination*** must be completed and turned in with payment by **APRIL 1, 2024**. Emailed copies of both forms will be accepted. Send forms to: recreation@minutemanarc.org.
- When emailing documents, please include the following in the Subject Line: Recreation, client last name, class name(s)
- Credit card payment accepted over the phone. Contact:
Deirdre B., 978-287-7940
- Check or Money Orders mail/drop off at:
Minute Man Arc
35 Forest Ridge Rd
Concord, MA 01742 *(please write RECREATION on the memo line)*
- *If you have proof of vaccination on file in 2024, please check here*

For more information, please contact: Recreation at RECREATION@minutemanarc.org