



Social Skills Groups

Supporting children who struggle with social connection as they build the skills to collaborate, communicate, and enjoy interacting with peers.

Extra Steps Pediatric Therapies is now accepting children ages 3 and older for Social Skills enrichment via small group sessions in a nurturing, Covid-safe environment. Our social skills curriculum, goals, and class sizes have been modified in accordance with COVID-guidelines.

Sessions will run with a minimum of 3 children.

All groups will be held outside, weather permitting.

Dates: Session I: May 1, 8, 15, 22
Session II: June 5, 12, 19, 26

Day/Time: Saturdays, 12:00pm-1:15pm

Class size: Eight children and two facilitators (one facilitator is a certified therapist)

Cost: \$260 per 4-week session (plus \$35 intake fee for new clients to meet therapist and establish goals)

Place: 222 Main Street, Acton, MA

For more information and enrollment please contact:

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Social Skills Group Coordinator
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www.minutemanarc.org/programs/extra-steps-pediatric-therapies/



PEERS[®] Social Skills Groups

Teens ages 12-22

PEERS[®] differs from other social skills programs:

- Evidence-based
- Includes parents throughout treatment
- Structured like a class, not a therapy group
- Breaks down social skills into understandable steps
- Generalizes social skills to “real life” settings and includes skills that transfer to the workplace

Group facilitated by Denise Kinney, MS Ed, BCBA, Certified PEERS facilitator.

16 Week Session

Session 1: May 5th - August 8th

Day/Time: Wednesdays, 6pm - 7pm

Each Session: Includes 2 hours/week (1hr with teen in-person, 1hr with parent/coach via Zoom)

Minimum 4 Teens/parent coach pairs to run the group

Fees: \$1,040 per session

Maximum 10 pairs/session

The parent/coach group serves to assist families in working together to practice and solidify the skills learned in class while at home, in school and in work environments.

Building confidence and skills in social interactions for all aspects of life.

Registration and additional information:

info@extrasteps.com or 978-287-7878

www.minutemanarc.org/programs/



222 Main St., Acton, MA 01720