

# Extra Steps Pediatric Therapies

## Multidisciplinary Approach

Our comprehensive therapeutic program provides individualized support to aid the development of children with special needs and/or developmental delays.

## Wide Range of Services

Services are provided for children three up to age eight with a variety of physical, multi-sensory, learning, social/emotional, communication, and feeding challenges.

## Highly-Trained Specialists

Our team is comprised of Physical Therapists, Occupational Therapists, Speech/Language Therapists, Nutritionists, Education Specialists, and Developmental Specialists.

## Ongoing Evaluations & Reviews

Comprehensive evaluations and periodic reviews are provided to evaluate progress and optimize individualized therapeutic interventions.

## External Collaboration

We are committed to collaboration with families, pediatricians, and school personnel.



## Minute Man Arc for Human Services, Inc.

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**Extra Steps mission:** Improving the lives of children with disabilities through therapeutic support and education, leading to a lifetime of success.

An affiliated chapter of  **The Arc.**



## Extra Steps Pediatric Therapies

Multi-disciplinary pediatric programs



# Therapeutic Treatment Areas

Extra Steps Pediatric Therapies has assembled a caring team of experienced therapists who each provide services in one of four important disciplines. Our therapists conduct comprehensive evaluations of children and then collaborate across disciplines to develop optimal benefits.

## Physical Therapy



Gross motor delays, balance, strength, and conditioning

## Speech/Language Therapy



Articulation, language disorders, social/language, pragmatic groups, and reading tutoring

## Occupational Therapy



Fine motor dexterity, sensory motor therapy, activities of daily living, self-help skills, visual /perceptual skill development

## Feeding and Nutrition



Oral motor skills, feeding techniques, nutrition education, individualized and group treatments

## Hours

Tuesday: 3:00pm - 7:00pm

Thursday: 3:00pm - 7:00pm

Saturday: 10:00am - 1:00pm

## Learn More

For more information, contact us at:

phone: 978-287-7878

email: [info@extrasteps.org](mailto:info@extrasteps.org)

# Frequently Asked Questions

## Where will these services be provided?

Services are currently provided at our conveniently located West Concord site at 1269 Main Street.

## How do we pay for these services?

Services will be paid for through medical insurance or private pay. Co-payment and/or deductibles may apply. HSA/FSA account payments are accepted (please confirm details with your individual account manager prior to your first visit).

## Will these services differ in any way from Early Intervention or school?

Some services will be supplementary to your child's current therapies and some services will be more social and nonacademic in nature.

## Will my child's public school be involved in any way?

We are committed to collaboration with both schools and Early Intervention staff. Children participating in Early Intervention services will transition to the public schools following the appropriate guidelines.

## Social Skills Groups

Children with learning and attention issues may have trouble with social skills.

Social skills groups can help children learn and practice important life skills such as conversation, friendship, and problem-solving.

Social skills groups are usually small and include children who are about the same age.