

Residential Services Program

Residential Services programming is carefully designed to meet the needs of participants and their families. We provide:

- **Residential Homes** that enable individuals to make decisions and to learn and grow in a warm, inclusive setting that promotes personal well-being, health, community participation and friendship building.
- **Individual Support** that serves individuals who have mastered many independent living skills but still need enhanced support, as well as those who can live completely independently with a level of case management support based on individual needs.
- **Shared Living** that supports individuals seeking to become a part of a family and a community by matching them with a shared living provider.
- **Adult Foster Care** that supports families and caregivers so they may keep their loved ones at home and out of residential institutions. This program serves a wide range of qualifying participants.



Minute Man Arc for Human Services, Inc.

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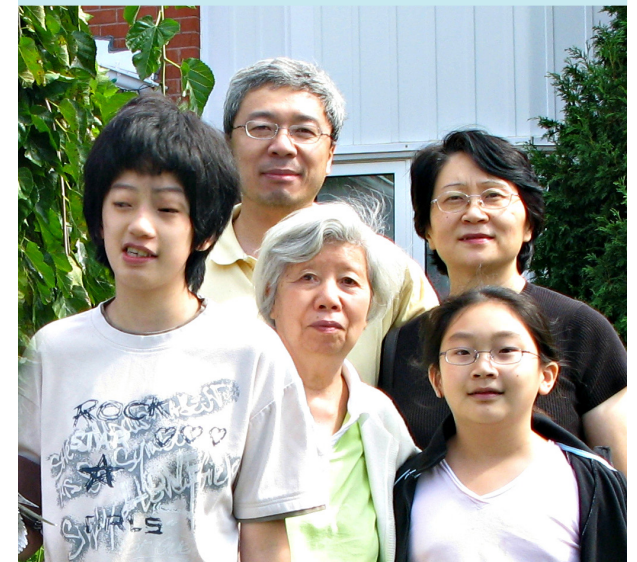
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Minute Man Arc: *improving the lives of children and adults with disabilities by increasing independence, personal choice, and self-advocacy.*

Minute Man Arc

Changing Lives, Changing Communities



Adult Foster Care

Assisting those who cannot
live alone safely

MINUTE MAN
 Arc

Our Adult Foster Care Program

The Adult Foster Care Program (AFC) provides qualifying family members/caregivers with financial and clinical assistance in caring for their loved ones at home. We augment the mission of Minute Man Arc by working with families of all people who, for whatever reason, cannot safely live alone. We include, but do not limit our outreach to individuals with developmental disabilities, acquired brain injuries and seniors.

Providing a Multidisciplinary Team Approach

The multidisciplinary team works with family members/caregivers to develop and monitor an individualized plan of care that may include regular medical care, day program services and life skills. The team supports family members/caregivers with training and regular visits. Through their work together, team members and family members/caregivers allow the individual to remain as independent as possible for as long as possible.

Assisting Individuals, Families and Caregivers

The AFC Program supports those who cannot safely live alone due to medical, physical, cognitive or psychiatric issues.

To be eligible, recipients must be at least 16 years of age, receive Mass Health insurance, and require daily assistance from a family member/caregiver who lives in the same home. AFC recipients must require assistance in at least one of the following areas: mobility in or outside their home, bathing, dressing, toileting, eating or transferring. A registered nurse and care manager will conduct an assessment to determine eligibility.

The AFC Program provides financial reimbursement to family members/caregivers. Services are provided 24 hours a day, 7 days a week by the family member/caregiver to the AFC recipient living in their home.

Questions?

To find out more about the AFC Program and whether someone you know would qualify for services, please contact Steven Bouffard, AFC Program Manager, at (978) 287-7997, or sbouffard@minutemanarc.org.

Family Member/Caregiver Benefits and Supports

Minute Man Arc's AFC program provides the following benefits to family members and caregivers:

- Intake assessment
- Caregiver compensation
- Relief and respite services
- Social work assistance
- Nursing support
- Information about community resources and local programs
- 24-hour emergency care consultation

Clinical Services and Assistance

The multidisciplinary team provides a spectrum of services and assistance:

- Initial and ongoing clinical assessments and evaluations
- Orientation for family members/caregivers
- Family member/caregiver teaching and training
- Care management
- Nursing and social work home visits
- Assistance in accessing community resources

